

The Disposables



Dr. Anita Lang (September 16, 1967 - December 8, 2020)

Dr. Anita Lang received her bachelor's degree from Miami University before graduating from Ohio State University School of Medicine; later, she became an assistant professor at Case Western Reserve University School of Medicine.

Dr. Lang was a perpetual learner and held 3 medical board certifications - in internal medicine, obstetrics/gynecology, and hematology/oncology. She practiced at the MetroHealth Division of General Internal Medicine in Cleveland, Ohio at the time of her death.

Dr. Lang was fiercely devoted to her family and her children. She prioritized others' well-being and, according to her daughter, Jordan Lang Taylor, was a "beacon of hope" for her patients, helping them navigate struggles in multiple areas of their lives.

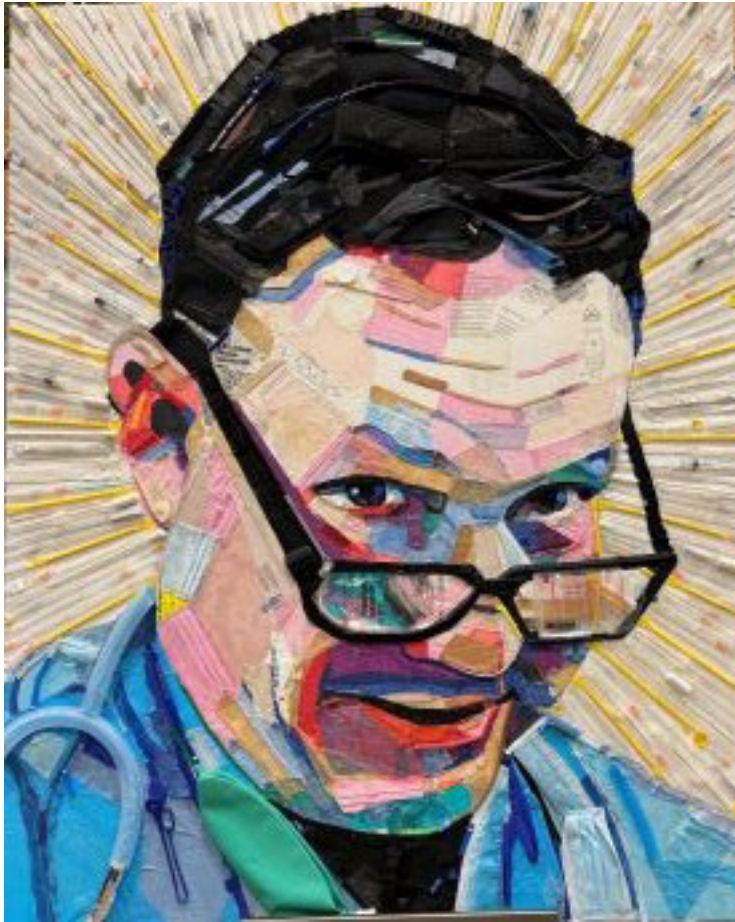
Her patient population was struggling not only with the COVID-19 pandemic, but with the effects of the opioid crisis. She had a number of patients with poor outcomes. And she was concerned over potential litigation, though her hospital's legal team assured her there was nothing to worry about.

Dr. Anita Lang tried to share that she was struggling, but it is unclear whether she sought counseling. In the words of Dr. Lang's daughter, *"A doctor is supposed to fix other people versus being fixed; where do you go to for help?"*

ANITA

**By Jeremy Rosario
38"x36"
Mixed Media**

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Dr. Scott Jolley (May 20, 1965 - February 19, 2021)

Dr. Scott Jolley graduated from the University of Utah School of Medicine and completed his residency in Emergency Medicine at the University of Pittsburgh. He returned to Utah and worked for Intermountain HealthCare at the time of his death.

Dr. Jolley was the kind of ER doctor who, according to his best friend, Dr. Myles Greenberg, "always appeared to have it all together... A dedicated and meticulous physician, he was typically levelheaded, thoughtful, and conscientious."

But he was an aging physician in a fast-paced specialty. He asked his employer time and time again - both verbally and in writing - to slowly wind down his schedule. Then came the COVID-19 pandemic. And instead of a lighter schedule, Dr. Jolley's workload increased. And his stress skyrocketed.

His pleas for help became more forceful... but, again, went unanswered. He unintentionally admitted to his colleagues, "*I can't do this anymore; it's not good for me.*"

Dr. Jolley took an unpaid sabbatical, admitting to his wife, that he needed to care for his mental health, but urging her to keep his admission secret. Afraid he'd be unable to practice medicine if he were admitted into a treatment facility, distressed that his insurance would only pay for treatment within his healthcare system, Dr. Jolley sought outpatient care. Halfway through the sabbatical, he attempted suicide.

Dr. Jolley was admitted to the psychiatric unit at the hospital where he was employed - another psychologically painful and embarrassing experience that his wife believes compounded his mental health issues.

Dr. Scott Jolley was discharged after 2 days. And died by suicide 2 weeks later.

SCOTT
By Jeremy Rosario
60"X48"
Mixed Media

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Dr. Ryan Fryman (August 24, 1972 - March 8, 2023)

Dr. Ryan Fryman received his bachelor's degree from Bluffton University and his medical degree from Ohio University. He interned at St. Vincent Mercy Medical Center and was an internal medicine resident at the Medical University of Ohio, receiving multiple honors. He was a physician at Access Urgent Medical Care, the Woods at Parkside, and Helping People Recover (which he founded) at the time of his death.

Dr. Fryman was known for his sense of humor, his golf game, and his ability to listen and make people feel truly cared for. He was intensely dedicated to his family and to his patients.

Born legally blind, he had multiple surgeries as a boy, an experience his wife, Sarah Fryman, believes was the impetus for his quest to become a doctor.

He loved to help others, often to his own detriment. His workplace, an inpatient medical center, decreased staffing from 5 doctors to 2, so he was often on-call 24 hours a day - because he truly cared about the people he served. According to Dr. Fryman, *If we aren't going to do it, what happens to them?"*

A struggle with mental health and stress led to substance abuse issues. Like so many other physicians, he didn't think he could get the help he needed while maintaining privacy; he thought he could treat, and therefore, heal himself.

After a number of successfully sober years, he opened a private addiction practice, which was his pride and joy. He believed that he understood addicts as only addicts can. Helping People Recover continues to assist people in overcoming addiction.

In the words of Dr. Ryan Fryman's wife, *"It makes me sad to know that someone who helped save so many couldn't save himself."*

RYAN
By Jeremy Rosario
48"X36"
Mixed Media

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Dr.Lorna Breen (October 9, 1970 - April 26, 2020)

Dr. Lorna Breen received her undergraduate degree from Cornell University, attended the Medical College of Virginia, and completed her residency at Long Island Jewish Medical Center. She was a practicing physician and leader as the Emergency Department Director at New York - Presbyterian's Allen Hospital at the time of her death.

Dr. Breen had been eagerly preparing for a life as an emergency room physician since she was a child - it was her life's calling. And from the moment she became a doctor, she was intent on doing whatever she could to improve patient care and support the well-being of her students and colleagues.

She was as passionate about snowboarding, salsa dancing, and traveling as she was about caring for people. Dr. Breen was outgoing, funny, and to her nieces and nephews, she was the "cool aunt."

The COVID-19 pandemic hit her hospital especially hard. According to her father, Dr. Philip Breen, "She was truly in the trenches of the front line." She contracted COVID and returned to work just a week and a half later, caring for patients around the clock with precious few supplies - and insufficient help.

In early April, she called her sister, Jennifer Feist, "*I don't know what to do, I can't get out of the chair.*" Dr. Breen hadn't slept in over a week.

Yet she was afraid to get help. She had answered the call for her city and her country, but when she needed to take care of herself, she worried about being stigmatized by her colleagues, about losing her job, her medical license, and the career she worked so hard for since she was a young girl.

She was medically evacuated to University of Virginia Health by family and friends. There she obtained the first mental health treatment of her life. Following her discharge, she continued to share her concerns - now that she had received mental health care, she feared her medical license and her career were over.

Dr. Lorna Breen died by suicide on April 26, 2020.

LORNA
By Jeremy Rosario
36"X36"
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